

## PSHE

At Oak Hill First School we deliver PSHE lessons through our new whole school scheme of work called Jigsaw. Jigsaw offers children a mindful, exciting and engaging approach to circle time in which 6 key areas/puzzles are focused upon.

Term 1: Being me in my world

Term 2: Celebrating difference

Term 3: Dreams and goals

Term 4: Healthy me

Term 5: Relationships

Term 6: Changing me

Each Jigsaw area/puzzle has an outcome to ensure learning is purposeful and children know what the end goal is at the beginning of their puzzle. Each year group works on the same themed puzzle to reinforce unity and working together collectively.

