



We will be celebrating Anti-Bullying Week

Monday 13th - Friday 17th November.

Anti-Bullying Week shines a spotlight on bullying and encourages all children, teachers and parents to take action against bullying throughout the year. The theme this year is 'All Different, All Equal' with the aims:

- empower children and young people to celebrate what makes them, and others, unique
- help children and young people understand how important it is that every child feels valued and included in school, able to be themselves, without fear of bullying
- encourage parents and carers to work with their school and talk to their children about bullying, difference and equality
- enable teachers and other children's workforce professionals to celebrate what makes us 'all different, all equal' and celebrate difference and equality. Encouraging them to take individual and collective action to prevent bullying, creating safe environments where children can be themselves.

Odd Sock Day

To start the week off on Monday 13th, we will be taking part in 'Odd Sock Day'. All the children have to do to take part is wear odd socks to school, it couldn't be simpler! Odd Socks Day is designed to be fun! It's an opportunity for children to express themselves and appreciate individuality and uniqueness!



If you would like to more information about the day, see link below.

<https://www.anti-bullyingalliance.org.uk/anti-bullying-week/odd-socks-day-anti-bullying-week-0>

The children will be taking part in other activities throughout the week around Anti-Bullying and ending with Friendship Friday where we will be discussing how we can #ChooseKindness and help stand up to bullying.

Choose 
KINDNESS.

#ChooseKindness top tips

Choosing kindness doesn't cost anything but can help someone enormously. We all have choices to make, do you #choosekindness?

- Choose kindness, as you never know what someone else is going through
- Saying something nice can bring a smile to someone's face
- Acts of kindness will never come back to hurt you and is never wasted on someone
- Being mean and hurting others can hurt someone very deeply, think twice about what you say or do
- Acts of kindness are good for you- they release oxytocin which lowers our blood pressure
- Being kind can help others feel happy and confident

For further information on this, go to <http://www.bullying.co.uk/anti-bullying-week/choose-kindness/>



NEW Anti-Bullying Policy

Our new Anti-Bullying Policy has been written and we are now starting the process of consulting with staff, governors and children to ensure we are all agree with the policy. We would really like you as parents/ carers to be part of this process. We will be holding a Parent Forum Meeting on Thursday 23rd November at 2pm where this policy will be shared and we will ask for your feedback. If you are able to attend, please call the office and to let us know. Thank you.