

# Year 3 Newsletter January 2018

Happy New Year to you all! We have had an excellent start to the Spring Term with a video from Father Christmas asking Year 3 to help him get fit again. He has overindulged during the festive period and we now need to help him understand healthy eating and exercise so that he can lose a few pounds. We have been looking at the human body and how it works. The children have been identifying bones in the body and looking at how muscles and the skeleton work together to make movements. As we move through the term we will also be finding out about food groups and how we can combine them to make a balanced diet. The children are really enjoying this topic so far and we hope that this enthusiasm continues as we start to learn more about a healthy lifestyle.

## PE Kits

Please can you ensure that children have both a **named** indoor P.E. kit and an **outdoor** P.E. kit (consisting of tracksuit bottoms, a jumper and trainers) in school at all times. Indoor PE for 3J and 3W is on a Tuesday and outdoor PE for all 3 classes is on a Thursday. If your child does not have the correct kit they will unfortunately not be able to take part in the sessions. (3S will be doing swimming instead of indoor PE this term but will continue with outdoor PE.)

## Dates for your diary:



Sports event Trinity High School- January 26<sup>th</sup>.  
Parental engagement - Wednesday 7<sup>th</sup> February  
9:00-9:45.

## Homework Grids & Targets

The new homework grid for this term will be in your child's homework book, please encourage your child to choose one of the activities every week. Homework books should be handed in every Wednesday. The weekly spellings are stuck into the homework book every Friday and the children are tested on these words the following Friday.

Spring 1 targets have been stuck into communication books, please make sure your children are learning the spelling and times tables that have been set for them and these will be tested the week commencing 12<sup>th</sup> February.

## E -safety

With all the new devices that have arrived over Christmas we would like to ask parents to reinforce the message of e-safety and for children to report anything they are concerned about to you. Also a reminder that children are playing, watching and downloading age appropriate material.

## Reading at home

When your child is reading at home please write in their Reading Journal. We give every child who has read at home 3 times a week a certificate and this is celebrated in class. Remember it can be for reading own books also not just their home reader. Watch this space for news on our library visits!



## Think



What colour is Monday?

Why...Explain your reasoning.

## 3S Swimming

A big thank you and well done to the children in 3S for their fantastic behaviour during their first two swimming sessions. Miss Taylor and Mr Smith were so proud of all the children for their excellent attitude. Keep up the good work 3S.