

Dear Parents /Carers,

We are aware that some of you may wish your child to wear goggles to reduce the discomfort which can occur whilst swimming. The wearing of goggles is discouraged by Worcestershire County Council due to their potential hazards and as teachers we feel that goggles are not necessary for normal swimming. You should be aware of the following, which will protect your child and other children from any accidents:-

- a) Only buy goggles to BS 5883 (1996) from a well-known manufacturer. This will ensure that the rims are well padded, with no rough edges. Cheap goggles may splinter easily.
- b) Before use, goggles should be rinsed in the pool. This helps to prevent 'misting up'. If they fill with water or 'mist up' in use, remove them completely to clear. To remove goggles, only push them up and then off the top of the head. Never pull goggles forward or they may fly back and cause serious eye injury.
- c) Goggles should not be used in a crowded pool. Even under normal use, wearing of goggles may lead to collisions with the poolside or with other swimmers. Goggles must never be worn when diving. Even plunging in from the poolside, wearing goggles should be restricted to expert competitive swimmers.
- d) Accidents are caused by people who do not know the dangers of using goggles incorrectly. Pupils must never pull goggles away from their own eyes, nor interfere with goggles worn by anyone else.

If you still wish your child to wear goggles during swimming sessions, please complete the form below and return to school.

Yours faithfully,



Miss L Kelly  
**Headteacher**

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I, the Parent/Carer of ..... in class ..... wish my child to wear goggles during swimming sessions. I am aware of the dangers and difficulties that can occur when goggles are worn. I recognize that although teachers are always concerned about the children in their charge, they cannot accept responsibility if incorrect technique is applied when swimming goggles are used.

Signed .....