

# Oak Hill First School



## Sun Safe Policy

June 2017 (amended and reviewed June 2018)

## **Sun Safety Policy**

At Oak Hill First School we want staff and pupils to enjoy the sun safely. Our policy is based on the SunSmart guidelines from UK Cancer Research. We will work with staff, pupils and parents to achieve this through:

**EDUCATION:** these measures are in place from now on:

- All pupils will discuss how to stay safe in the sun in class
- We will talk about how to be safe in the sun in assemblies at the start of the summer term
- Parents and guardians will be sent reminders about sun protection as necessary
- Staff will be reminded about sun protection at the start of the summer term and prompted to talk to pupils
- The school will seek opportunities to access resources that can be sent home reinforcing sun safety messages.

**PROTECTION:**

**Shade:** the school will seek ways of providing shade

- The school has two permanent shade canopies and three temporary shade shelters in addition to the natural shaded areas in school
- Reception and Y1 classrooms have covered outdoor learning areas which provide UV protection.
- Trees provide shady areas in the Nursery, playground and field.

**Timetabling:**

- The school will endeavour to timetable school sports days for mornings
- The school will try to ensure that children are not exposed to sun (strong UV) during lunchtimes and afternoon PE sessions for more than 20 minutes without shade breaks
- The school will review the timetabling of outdoor days and if required shorten or re-schedule.

**Clothing:**

- Parents will be asked to dress children in suitable clothing-avoiding sleeveless tops
- Parents will be encouraged to send their child to school in suitable sun hats (ideally covering ears, face and neck) and sun glasses. Texts will be sent home asking parents to ensure they child has an appropriate hat.
- The school's P.E. uniform does not permit sleeveless tops.
- Staff wear hats when on playground duty and teaching outdoors on sunny days.
- Parents are asked to support and encourage the sun safety policy and are asked to set a good example by adopting safe sun habits.

## **Sunscreen:**

- Pupils should have sunscreen applied before school. Sunscreen use will be encouraged on days when the sun is strong during summer at lunch breaks, during PE lessons, outdoor days and on school trips. Time will be made available for full time pupils 30mins prior to pupils going outside at lunchtime. Parents must provide the sunscreen. The **suncream which should be a minimum of SFP 30 and minimum of 4 star UVA protection** (not sprays or aerosols), can only be used by the child whose name is on the bottle and if written consent is received. Year 1-4 pupils are expected to self apply, Foundation stage pupils and those with complex special needs may require support or application by a staff member. When this is required, staff may only apply to the face, hands and neck. Empty bottles are returned in book bags in order that parents know a replacement is necessary.
- We will send letters home asking for permission for pupils to apply sunscreen on days when the sun is strong during the summer months.
- We cannot currently supply sunscreen to all pupils on a daily basis because of cost. The sun safety council will review this annually.

## **Hydration:**

- We make sure water is available and encourage children and staff to drink regularly for this reason parents should ensure that an appropriate water bottle is in school.
- In unusually hot weather, additional water stations are available during lunchtimes when pupils carry their water bottles with them at all times.

We will monitor our progress and review the policy every three years.



# OAK HILL FIRST SCHOOL

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**Headteacher: Miss L Kelly - BEd (Hons)**

Dear Parent /Carer

**RE: SUN SAFETY AT SCHOOL:Parental Consent**

As the health and well-being of our school community is of great importance we are working towards protecting our pupils and staff from sunburn and from skin damage that can be caused by the harmful ultra-violet rays in sunlight.

Skin cancer is the most common form of cancer in the country. As sunburn and almost all skin cancer is caused by the sun, it is possible to prevent this happening. The school believes that by encouraging sun safe behaviour at school and teaching children about the risks of sunlight, we can prevent them burning and contribute towards preventing skin cancer.

Following a request to review/clarify our policy by a parent, a working party met to review recent research and advice from external agencies. As a result we have now created a new policy.

We will be encouraging children to avoid sunburn and overexposure to the sun by:

- seeking the shade, particularly during the middle of the day;
- wearing suitable hats and sunglasses;
- wearing clothing that protects the skin, particularly for outdoor activities and school trips;
- using a high factor sunscreen (Min SPF 30+/4 star UVA).

Staff will be encouraged to set an example. The school has reviewed the amount of shade available and has increased this by recently purchasing and currently using shade shelters.

You can help by encouraging your child to bring, and wear, a hat and sun glasses at school. The school will remind parents of the sun safety policy from time to time, particularly around the start of the summer term, sports days, outdoor days and outings.

Sunscreens provide added protection and may be useful when other measures are not available. Sunscreen with a sun protection factor (SPF) of 30 or above will provide children in this country with adequate protection although we would advocate the maximum sun protection factor.

This school encourages parents to provide sunscreen for this purpose. The rules/procedures for the use of sunscreens at school are attached. I would ask that you complete the attached form so that the school has a record of your support for the sun safety policy and your wishes with regard to sunscreen use by your children. Please note that the school does not permit the use of pump sprays or aerosol sprays.

Yours sincerely

Miss Kelly  
Head Teacher



## Oak Hill First School

### PARENTAL CONSENT FORM FOR THE APPLICATION / USE OF SUNSCREENS

Oak Hill First School wishes to encourage pupils to protect themselves from the sun. One way of doing this is to use sunscreen at the appropriate time. You are given the option of providing sunscreen that can be applied prior to lunchtime. Please sign this form to provide consent, to show that you have received the letter about the school's approach to sun safety and support the school's policy.

If your child has any allergies or skin sensitivities you may want to check with your GP before providing a sunscreen. The school will inform you if your child has any adverse reaction that may be due to the sunscreen, and will take medical advice if necessary.

**If you wish** your child to use a sunscreen (cream) at school, please indicate this below.

PUPIL DETAILS	Class:
Surname:	Forename

This consent will remain on record until your child leaves. Please inform the office if you wish to withdraw consent prior to this.

Please tick

I have read and support the school's sun safety policy (website)

I will provide my children with a named non-aerosol/non pump sunscreen product for use at school and on school outings in accordance with the school's procedures.

(Please handover suncream to the class teacher or teaching assistant NOT the office)

Signature: \_\_\_\_\_parent/carer

Date: \_\_\_\_\_

